



Parental Reminders

- Parents must not coach from the pitch side during matches and training
- Parents should not criticise their child on any part of the Player's game, leave this to the coaches since it may cause confusion and erode the Player's confidence.
- Be your child's best fan and support him unconditionally. Don't withdraw your love when he performs below his standard.
- On transporting your child home, please be supporting and always focus on the positive aspects of his game.
- Develop a responsibility in your child to pack his own uniform, clean boots and bring along their water bottle full of water.
- Respect the facilities at Twin City Youth Soccer Association and our opponents' facilities.
- Do not criticise your child's coach to your child or other parents, if you are not happy with the coach you should raise the issue with the coach or contact the Director of Coaching.
- Encourage your child to speak with the coach. If your child is having difficulties in training or games, or can't attend training etc. encourage him to speak directly to the coaches. This "responsibility taking" is a big part of becoming a mature person and a professional Player. By handling off the field tasks, your child is claiming ownership of all aspects of the game.
- Monitor your child's stress level at home. Keep an eye on the Player to make sure that they are handling stress effectively from the various activities of life.
- Monitor eating and sleeping habits. Be sure that your child is eating the correct foods. Players should be in bed at 9.30 pm on the night before a game and early enough on other nights to ensure that adequate rest is being taken.
- Help your child keep his priorities correct. He needs to maintain a focus on schoolwork, relationships, and other things in life besides football. However you and him have made a commitment to Twin City so help him to honor that commitment.
- Help the young Player to focus on the performance and development rather than just the result.
- Winning is not as important as the performance.
- Support all the Players on your child's team. Do not criticise any other Players on the team.
- Do not criticise the opponents, their parents, coaches or the referee.
- View the game from the designated areas for spectators.
- Football at the Twin City Youth Soccer Association is "Serious Fun" soccer. We will try to challenge your child to reach out of his "comfort zone" and improve himself/herself as a Player and a person. We will attempt to do this in environments that are fun, yet challenging.